

FREE

“HEART SMART” SEMINAR

Answers are just a HEARTBEAT away

Dates of EIRMC Seminars 2008

Thursday, Jan. 10th

Thursday, Feb. 07th

Thursday, March 13th

Thursday, April 10th

Thursday, May 08th

Thursday, June 05th

Thursday, July 10th

Thursday, Aug. 14th

Thursday, Sept. 11th

Thursday, Oct. 09th

Thursday, Nov. 13th

Thursday, Dec. 11th

Classes Each Date At 10:00am or 6:00pm

EIRMC Heart Center Classroom

Please Pre-register at

529-7879 Or 1-(866)-221-4320

ASK OUR HEART EXPERTS ABOUT:

- *What a heart attack is
- *The latest diagnostic methods
- *Treatment options, (both surgical and non-surgical)
- *Your risk for heart disease
- *The most common signs and symptoms
- *How you can protect yourself
- *The difference between symptoms for men and women



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